



The ROYAL
SOCIETY of
MEDICINE

A MEETING ORGANISED BY THE ORTHOPAEDICS SECTION

Trauma symposium 2016:

Current and future treatment strategies

Tuesday 23 – Thursday 25 February 2016

CPD: 18 credits (6 per day)

www.rsm.ac.uk/events/org06

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Trauma symposium 2016:

Current and future treatment strategies

Tuesday 23 -Thursday 25 February 2016

Welcome to Trauma symposium 2016

It is with great excitement that we welcome you to the annual **Trauma symposium 2016**. This national orthopaedic conference is organised through the Orthopaedics Section at the Royal Society of Medicine (RSM).

On behalf of the Orthopaedics Section we would like to say a huge thank you to our course conveners Mr Jon Monk and Mr Raj Bhattacharya. They have worked tirelessly for the last twelve months to ensure your experience is one you will not forget! We are honoured to have with us a whole host of internationally recognised orthopaedic specialists, who have kindly taken time out to share their expertise at this conference.

We hope you have a wonderful time at the **Trauma Symposium 2016**.

Warmest regards,

The Orthopaedics Section Council

Aims and objectives

The very best of the worldwide trauma faculty will present at the **Trauma symposium**, to allow for the discussion of current controversies aimed around the orthopaedic curriculum.

At a time of evidence based, cost effective medicine, cases will be reviewed with reference to the current literature. This meeting will evaluate how to manage complications in everyday practice and debate the issues that many surgeons see, with the chance to network with experts in the field and understand how their experiences have shaped the opinions and techniques of leading surgeons.

The meeting will be punctuated with multiple practical sessions with experts demonstrating and discussing specific industry products.

Course conveners:

Mr Jon Monk, Consultant Trauma and Orthopaedic Surgeon,
Ashford and St Peter's Hospitals NHS Foundation Trust

Mr Raj Bhattacharya, Head of Trauma and Orthopaedics, President Elect, Imperial College Healthcare NHS Trust, Orthopaedic Section, Royal Society of Medicine

Please remember to download the meeting app '**RSM Trauma**' from your app store to receive live updates. You can also follow the meeting on Twitter **#RSMTrauma**.

Trauma symposium 2016:

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Tuesday 23 February 2016

DAY 1

Programme

8.30 am Registration, tea and coffee

9.00 am Welcome and introduction

Mr Jon Monk, Consultant Orthopaedic Surgeon,
Ashford and St Peter's Hospitals NHS Foundation Trust

TOTAL HIPS FOR TRAUMA – THE NOT SO SIMPLE TRUTHS

9.05 am Evidence for management in 2016

Professor Tim Briggs, Consultant Orthopaedic Surgeon, Royal National Orthopaedic Hospital Trust
Mr Matthew Wilson, Consultant Orthopaedic Surgeon, Exeter Hip Unit and Princess Elizabeth Orthopaedic Centre
Mr Jon Monk, Consultant Orthopaedic Surgeon, Ashford and St Peter's NHS Foundation Trust
Mr Mohit Bhandari, Professor of Orthopaedics, McMaster University Medical Centre

PROBLEMS AROUND THE KNEE

9.45 am Soft tissue trauma

Mr Chinmay Gupte, Consultant Orthopaedic Surgeon, Imperial College London

10.00 am Management of knee dislocations

Mr John Keating, Consultant Orthopaedic Surgeon, The Royal Infirmary of Edinburgh

10.15 am Discussion and cases

10.30 am Tea and coffee break

TIBIAL PLATEAU

11.00 am The mechanistic classification

Mr David Elliott, Reconstructive Trauma and Knee Surgeon,
Ashford and St Peter's Hospitals NHS Foundation Trust

11.15 am Joint injury versus bone injury

Mr Arshad Khaleel, Reconstruction Surgeon, Joints, Feet and Ankle,
Ashford and St Peter's Hospitals NHS Foundation Trust

11.35 am Plating techniques

Mr Rick Buckley, Professor and Head of Trauma, University of Calgary Canada

11.55 am Frames

Mr Durai Nayagam, Consultant Orthopaedic Surgeon, Royal Liverpool University Hospital

12.15 pm Debate: Including the gold standard exam answer

Lead by Mr Michael Pearse, Consultant Trauma and Orthopaedic Surgeon,
Imperial College Healthcare NHS Trust

12.45 pm Lunch

Optional exhibition session 1

PILON

1.30 pm Basic science of fixatio

Mr David Elliott, Reconstructive Trauma and Knee Surgery, Ashford and St Peter's Hospitals NHS Foundation Trust

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Tuesday 23 February 2016

DAY 1

- 1.50 pm** **Biologics and fracture healing in 2016**
Mr Mohit Bhandari, Professor of Orthopaedics, McMaster University Medical Centre
- 2.10 pm** **Internal fixation**
Mr Rick Buckley, Professor and Head of Trauma, University of Calgary Canada
- 2.20 pm** **External fixation**
Mr Michael Pearse, Consultant Trauma and Orthopaedic Surgeon, Imperial College Healthcare NHS Trust
- 2.30 pm** **Cases and exam answer**
All speakers
- 2.45 pm** **Open fracture wound management – fluid irrigation of open wounds – lessons from the new england journal of medicine (NEJM)**
Mr Mohit Bhandari, Professor of Orthopaedics, McMaster University Medical Centre
- 3.00 pm** **Tea and coffee break**
- Optional exhibition session 2**
- CALCANEUS: KEYNOTE LECTURE**
- 3.30 pm** **The state of the art in Canada**
Mr Rick Buckley, Professor and Head of Trauma, University of Calgary Canada
- FOOT AND ANKLE CONTROVERSIES**
- 4.00 pm** **Lisfranc and midfoot dislocations**
Mr Matthew Solan, Consultant Orthopaedic Surgeon, Royal Surrey County Hospital
- 4.15 pm** **Talus: Fixation controversies**
Mr Anthony Sakellariou, Consultant Orthopaedic Surgeon, Frimley Park Hospital NHS Foundation Trust
- 4.30 pm** **Debate: Ankle cases - posterior malleolus and gravity stress**
Mr Matthew Solan, Consultant Orthopaedic Surgeon, Royal Surrey County Hospital
Mr Anthony Sakellariou, Consultant Orthopaedic Surgeon, Frimley Park Hospital NHS Foundation Trust
Mr Rick Buckley, Professor and Head of Trauma, University of Calgary Canada
- 5.00 pm** **Completion of evaluation forms and close of day**

6 CPD credits

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Wednesday 24 February 2016

DAY 2

Programme

8.30 am Registration, tea and coffee

FOREARM AND HAND

Chair: **Mr Andrew Sankey**, Consultant Upper Limb Surgeon,
Chelsea and Westminster Hospital NHS Foundation Trust

9.00 am **The compromised forearm**
Mr Terry Axelrod, Orthopaedic Surgery, Sunnybrook Health Sciences Centre,
University of Toronto, Canada

9.45 am **Elbow dislocation**
Mr Ben Ollivere, Orthopaedic Surgery, Nottingham University Hospitals NHS Trust

10.10 am **Carpal fractures and distal radial variants**
Dr Maxim Horwitz, Consultant Hand and Orthopaedic Surgeon,
Chelsea and Westminster Hospital NHS Foundation Trust

10.30 am Tea and coffee break

Optional exhibition session 3

11.00 am **Upper limb cases**
Lead by Mr Andrew Sankey, Consultant Upper Limb Surgeon,
Chelsea and Westminster Hospital NHS Foundation Trust

SPINE

12.00 pm **Cervical spine fractures**
Mr James Wilson-MacDonald, Consultant Orthopaedic Surgeon,
Oxford University Hospitals NHS Foundation Trust

12.30 pm Lunch

Optional exhibition session 4

1.30 pm **Thoraco - Lumbar spine fractures**
Mr James Wilson-MacDonald, Consultant Orthopaedic Surgeon,
Oxford University Hospitals NHS Foundation Trust

PAEDIATRICS

2.30 pm **A series of short presentations and case discussions covering all anatomical regions with 'How I do it' tips from experts**

Mr Fergal Monsell, Consultant Orthopaedic Surgeon, The Bristol Royal Hospital for Children
Mr Martin Gargan, Chief of Paediatric Orthopaedics, University of Toronto, Canada
Ms Sally Tennant, Consultant Orthopaedic Surgeon, Royal National Orthopaedic Hospital NHS Trust
Mr James Hunter, Consultant Orthopaedic Surgeon, Nottingham University Hospitals NHS Trust

3.30 pm Tea and coffee break

4.00 pm Presentations and case discussions continued

5.00 pm Completion of evaluation forms and close of day

6 CPD credits

Trauma symposium 2016:

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Thursday 25 February 2016

DAY 3

Programme

8.30 am Registration, tea and coffee

RESEARCH

9.00 am Draft - thoughts and plans

Professor Matthew Costa, Professor of Trauma, University of Oxford

9.25 am All the papers you need for 2016

Mr Ben Ollivere, Orthopaedic Surgery, Nottingham University Hospitals NHS Trust

9.50 am The problems of RCT's in orthopaedic literature

Mr John Keating, Consultant Orthopaedic Surgeon, The Royal Infirmary of Edinburgh

10.05 am Dilemma of an Editor in Chief of an orthopaedic journal

Professor Marcus Jäger, Professor in Orthopaedics, University Duisburg-Essen

10.20 am Tea and coffee break

Optional exhibition session 5

ORTHOPAEDIC TRAINING

11.00 am MTC training – more of the same?

Mr Raj Bhattacharya, Consultant Orthopaedic Surgeon, Imperial College Healthcare NHS Trust

11.10 am Orthopaedic training DGH vs MTC: Time for a re-think?

Mr Martin Bircher, Consultant Orthopaedic Surgeon,
St George's University Hospitals NHS Foundation Trust

11.30 am Changing landscapes of orthopaedic training - school of surgery's perspective

Professor Nigel Standfield, Head of London Postgraduate School of Surgery,
Imperial College London

11.45 am Changing landscapes of orthopaedic training - a TPD's perspective

Mr Chinmay Gupte, Consultant Orthopaedic Surgeon, Imperial College London

12.00 pm Lunch

Optional exhibition session 6

MAJOR TRAUMA CENTRES

1.00 pm Trauma centres should be run by orthopaedics

Mr Pete Bates, Consultant Orthopaedic Trauma Surgeon, The Royal London Hospital

1.10 pm Trauma centres should be run by non-orthopaedics?

Mr John McMaster, Consultant Orthopaedic Trauma Surgeon, The John Radcliffe Hospital

1.20 pm Orthopaedics and trauma - time to segregate?

Mr Michael Pearse, Consultant Trauma and Orthopaedic Surgeon, Imperial College Healthcare NHS Trust

1.35 pm Orthopaedics and trauma - time to integrate?

Professor Marcus Jäger, Professor in Orthopaedics, University Duisburg-Essen

1.50 pm Acute injuries: Should be done by trauma surgeons?

Mr Mike Kelly, Trauma and Orthopaedics Consultant, North Bristol NHS Foundation Trust

2.05 pm Acute injuries: Better to wait for elective surgeons?

Mr Andy Gray, Consultant Trauma and Orthopaedic Surgeon,
Newcastle upon Tyne Hospitals NHS Foundation Trust

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DAY 3

2.20 pm	Debate All speakers
2.45 pm	Tea and coffee break
3.00 pm	Keynote lecture - major trauma networks: Clinical and socio-economical impact after three years Professor Chris Moran, Professor of Trauma, University of Oxford
3.40 pm	Trauma centres in Scotland, where are we? Mr John Keating, Consultant Orthopaedic Surgeon, Royal Infirmary of Edinburgh
4.15 pm	Completion of evaluation forms and close of meeting

6 CPD credits

We are grateful to **DePuy Synthes** for supporting this meeting.

We would also like to thank our exhibitors:

Acumed Ltd, CelgenTek, Orthofix, Smith & Nephew and Stryker UK Ltd.

OPTIONAL EXHIBITION SESSIONS:

Tuesday 23 February - Day 1

12.45 - 1.30 pm **Session 1:** DePuy Synthes exhibition session

3.00 - 3.30 pm **Session 2:** Acumed Ltd exhibition session - Fibula nailing system

Wednesday 24 February - Day 2

10.30 - 11.00 am **Session 3:** CelgenTek exhibition session

12.30 - 1.30 pm **Session 4:** Orthofix exhibition session - Galaxy: The complete trauma external - fixation solution

Thursday 25 February - Day 3

10.20 - 11.00 am **Session 5:** Stryker UK Ltd exhibition session

12.00 - 1.00 pm **Session 6:** Smith & Nephew exhibition session

SAVE THE DATES

Digital orthopaedics

Monday 12 September 2016

Early intervention in hip surgery 2016

Wednesday 5 October 2016

Future orthopaedics surgeons conference 2016

Saturday 5 November 2016

Sports injuries and sports orthopaedics

Wednesday 18 - Thursday 19 January 2017

Trauma Symposium 2017

Monday 13 - Wednesday 15 February 2017

The RSM itself accepts no legal responsibility for the facts stated or opinions expressed during this meeting. It is the responsibility of any attendees to satisfy him/herself as to which part(s) of those facts/opinions should be relied on in any way whatsoever.